Honorable Judge Susan Oki Mollway
Judge of U.S. District Court of Hawaii
300 Ala Moana Blvd C-388
Honolulu, HI 96850

Dear Honorable Judge Susan Oki Mollway,

I am here writing a letter in support of Liana Shanti. I am the sister-in-law of Paul Thompson, one of the men that wrote an affidavit in Liana's case. I know that he wrote an affidavit because he told my twin sister Jess Thompson that he did so. He was vague in what he told Jess he wrote; however, I will address what I do know.

First to introduce myself, I am currently the co-owner of IMUA Coffee Roasters with my husband Matt, here in Kapa'a, Kaua'i. We took over ownership of the business February 1st 2022 when we moved ourselves and our three children Matthew, Ronan and Anya. We are E2 investor visa holders in good standing, and have created a community that supports local businesses and farms on Kauai and Oahu, and stock many local products in our shop.

Prior to owning IMUA Coffee Roasters, Matt and I were school teachers both employed by the Toronto District School Board. I was a practicing elementary school teacher, and Matt a high school teacher. In the fall of 2020, our three children were enrolled at Howlett Academy: a small private school in downtown Toronto.

By October of that year, we had pulled Matthew and Ronan first as the mask requirements for them became mandatory overnight, causing extreme anxiety in Matthew and fear in Ronan. A few weeks later we pulled Anya as she began to soil her pants several times a day and pee the bed at night. She was 3 at the time and had been potty trained for over a year. Matt saw Anya spread her vagina lips in the bathtub in a way that he found very alarming, so we kept her home until we could further investigate. Anya revealed to me that it was an older student that had molested and scared her in the bathroom in her classroom. Being alone in a bathroom is still a concern for Anya now, three years later. It was also at this time that the principal of the school, Court Howlett-Ben, someone who has known my family my whole life, asked Matt repeatedly if we were absolutely sure it wasn't her grandparents. In this particular instance, we were certain it was a student because of Anya's disclosure. Anya never returned to the school. She was also very closely monitored with her grandparents and this quickly began the complete deterioration of the relationship between my household and my parents. It was this incident and, more specifically, the conversation with the principal, (and not any dialogue or suggestion with or by Liana) that cemented my mistrust in my parents around my children.

I was working full-time as a private teacher to 5 students in what Ontario called "a learning pod." Matt was part-time online, and part-time in the classroom. When he was in the classroom, I would drive my children to Jess Thompson to educate and care for my children. I trust my

children with my sister completely. She is and has always been a very devoted aunt, taken my children out for activities, fed them yummy food (my children love her cooking), and Jess is fiercely protective of them. There is not another person in this world that I would trust more with my children other than my husband Matt.

For all intents and purposes, Jess was a single mother until she began her divorce to Paul Thompson. My children saw a lot of their cousins (Ronan and James were particularly close) but my children and I rarely saw Paul. Paul missed one of James' birthdays, a Christmas to go work for "extra pay", and was just never around. Paul took paternity leave from his main job when Christopher was born and then chose to get a second job while still on leave rather than spend that time with his wife and children. It got to a point where, when Jess and I purchased a second home together, not only did he rarely visit within the year and a half that we owned the property, but he also made the purchase agreement between my sister and I unnecessarily complicated. Paul was adamant that should we sell the property, that he would get 25% of the profit, leaving 75% for the 5 children to divide (her two and my three.) In order to ensure equal division amongst the five children, Jess was removed as title owner on the purchase agreement.

From the beginning of their relationship Paul has called Jess manipulative, and made comments about her not being very intelligent. After the return from their honeymoon, they had an argument where Paul in a rage called the police to have her removed from "his" property. The police informed Paul that since they were now newlywed, that this was now their 'marital home' and the police officer was not going to remove her. Jess did not feel safe staying. She took some belongings and came to live with me. Paul then drained their joint bank account of about five thousand dollars and changed the locks on the door to the house so that she no longer had a key to get in. Jess was three months pregnant at that time; and she was in complete shock. I offered my home as a place for her to stay. I also suggested that she consider divorce, to which she turned her anger towards me. She accused me of trying to "break up her marriage' and at that I stopped talking like that and became an enabler. Every time she was severely verbally abused, scared for her safety or that of her children because Paul had become violent, or just needed help with raising her children, Matt and I were there. I would listen to her talk to me about the abuse. I left my family two times to drive to her, once from the cottage (which was over a three-hour drive), because I was worried for her safety. And each time she told me she was going to leave him and then didn't. In the summer of 2021, I couldn't get a hold of Jess. Fearing the worst, I called the police to do a drive by of her home. I later found out that Paul had confiscated Jess' phone and had been verbally abusive but that she and the children were ok. This however marked the end of me enabling Jess. I blocked Jess from my phone from June of 2021 to around November 2021, finding out she had left him and moved to Florida. I felt our time apart had been extremely beneficial for the both of us.

Last summer of 2022 Paul, Christopher and James were invited up to Robert and Julia's cottage. I don't know the exact details, as I wasn't there, but I do know Paul was asked to leave because my nephew, William Foster, the eldest child of Simon and Melanie Foster, age 17, said he didn't feel safe around Paul. There had been an earlier incident having to do with Paul abusing Jess that

William had witnessed and that had frightened him. Later Paul 'jokingly' went to run William over with the jet ski. Julia asked Paul to leave and he did so with Christopher and James.

Paul has mentioned in his statement that I cut ties with my parents because of Liana Shanti. This is absolutely false information. For most of my life I felt shame. I felt extremely insecure around women. I remember having many jealous episodes and imagining that particular girls were better than me. My mother felt it necessary to often compare me to others girls my age, and it was often to let me know how I was falling short. Growing up, my parents were often away at their parties. They considered themselves socialites and the family values were about looking good. How I felt or how I had just been treated was irrelevant. I was to be presentable at all times. My father would often remind me that I was an investment. And he would break down for me just how much I cost him. When I was 19 years old, on a mother/daughter trip with my sister Jess to Morocco, I told my mother that Robert had sexually abused me; she denied it. When we got home, I confronted my father; he never denied it, but he responded to the description of my memory with, "that wasn't me" and then left the room and we never spoke of it again. He then gave me the cold shoulder for several years. I felt very alone and confused and ashamed. When I first started Liana's parasite protocol in 2021, I had been wanting to do a parasite protocol for about a year, though not necessarily hers, doing coffee enemas was part of it. As I began to do my coffee enemas as part of my wellness regime, I had the most difficult time, experiencing complete and utter blockage and pain, and more of my abuse began to emerge. The pain of remembering childhood abuse was devasting to me. I also remembered how my mother taught my sister and I how to masturbate at 4 years old in her jet bathtub -- my mother who, to this day, believes young children, toddlers, are sexual. Making comments like my nephew "was grinding his penis on [her] leg because he liked it" when he was two years old.

I have no trust for my parents with regards to care for my children. And though I thought I had been vigilant, there were several times where something was clearly wrong. My two eldest children have since disclosed their abuse to me by Robert Foster, but I strongly suspected at the time. When I deemed it was time to do something decisive, I decided I was going to remove my personal photographs, art photographs that I had taken of myself (some in very disturbing poses, subconsciously expressing my childhood sexual abuse), my journals of poetry and drawing that I had written when I was 9 to 11, along with very disturbing and painful drawings, and any photograph of me or my children from Robert and Julia's home. I wanted specifically to target the photographs because I did not want my father masturbating to me or my children. I decided to take all of the photographs of me, even if it had other family members in them. I kept none of it. Any jewelry I had received, I returned, including a $10,000 necklace Julia was having made for me. It felt that these "gifts" were meant as payment for my silent consent to Robert sexually abusing my children. I carefully took what was mine and returned what was theirs. I didn't take the $7,000 native art gift I had given them, expensive bowls, or photographic works of mine that were not of me. I believed I was very careful and thoughtful. I was aware that my parents didn't care for me, and I was aware that if I there was any damage that they would press charges. Five days later I received an email from my uncle stating that I was to understand that I was no longer in the will. This would mean that I wouldn't be receiving an inheritance of around $5M, a number I was made aware of from family meetings that year about Robert and Julia's will. The

emotion I felt when reading Wood Hill's email was relief. I would never have to speak to them again as I did want to tell them that cutting them off meant financially for me as well. My body and my children's bodies were no longer for sale.

I have been in Liana Shanti's community for three years. I have purchased almost all of her programs; and I will continue to purchase her programs as I have a profound respect for Liana and what she teaches. It is clear to me that she is incredible at research, shares many of her links and resources, and has a way of distilling scientific information that I found difficult (such as quantum theory and black holes) into information I can picture and understand. I also follow up on her book and article recommendations and find that I am learning quite a lot. I am a more avid reader now than in any other time in my adult life. I also appreciate hearing her stories about how she has guided her children, and her profound connection to Jesus. When I have asked Liana directly "what should I do", she has ignored my question; she does not give advice or tell people what to do. As someone who had relied on others to make decisions for me in the past, it was an extremely valuable lesson for me. I began to make my own choices. And I made some mistakes, but I also made some great choices. After having been a student of Liana Shanti's I am now an independent woman. I am financially independent, something that was not the case before being in her community, I am a business owner of both IMUA Coffee Roasters and KALA: Luxury Enema Coffee, and I am proud of my parenting. I am a kinder human being and I am filled with inner peace. But more importantly for me, I truly believe I have value. Just for being me. I believe God loves me, something I didn't feel worthy of before. Since being part of her community, it has become a personal goal of mine to never raise my voice at my children. It felt so good to hear from another mother that, not only do you not "need" to yell, but that she had never yelled at her children and they were thriving. I am much healthier from her health programs and recipes. Even though I was already a vegan prior to learning about Liana's nutritional research, I struggled with Hashimoto's disease (an auto-immune disease), as well as another unknown autoimmune disease, many parasites, and candida. I am now plant-based (which is a more specific diet than veganism), and far more aware of supplements and coffee enemas. I have irradicated my very poor blood circulation, anemia, and extreme fatigue. I have much more energy. I have a very demanding work schedule as co-owner of IMUA Coffee Roasters and mother to my three children, all of which I am able to accomplish on very little sleep because I have so much more drive and energy than I had before.

I hope that I have shed light on the character of Paul Thompson, Jess Thompson and Liana Shanti and appreciate this opportunity to do so.

Thank you for your time.



Joanna Foster