Honorable Judge Susan Oki Mollway
Judge of the US District Court of Hawaii
300 Ala Moana Blvd C-388
Honolulu, HI 96850

Your Honor:

My name is Carmen Prefontaine, I am a 33-year-old female Management Consultant in the United States for my family business, Earth Medicine Fertilizer. I have a bachelor's Degree in Business Admin, Majoring in Entrepreneurship from the University of Regina.

When I came across Liana Shanti's teachings, I was working as an Executive Assistant and Office Manager for an international development and construction company. It was the beginning of 2020, and like many people, I had a lot of time to evaluate my life. - Was I happy?

Was I meeting my potential? Was I living in a place that I loved and working for a company that I was passionate about? The answer was "No."

After following Liana on Instagram for about 6 months and reading through her plethora of free content and listening to her free webinars, I bought my first programs, Father Wound & Mother Wound.

I purchased these programs because I needed help with understanding why I would self-sabatosh, seek validation, or why I was too scared to make a decision without consulting multiple people first? Some people go to talk- therapy, so I decided to try the "Liana Shanti's approach."

Her programs helped me release so much anger, resentment, victimhood and blame that I felt toward different adults in my life. Whether it was a teacher, a parent or a caregiver, Liana's program taught me that it wasn't about blame; even if I was a helpless child in certain situations, that time was over and I could heal, release my anger and move forward. Those programs taught me what an unconditionally loving parent is, and they initiated many deep and very healing conversations between myself and my parents.

Since taking her core wound programs, I have participated in Life Path Manifesting, Healing from Narcissistic Relationships, Lemurian Mystery School - Making of Medicine Woman and 12D Business School.

I am happy to say that since re-evaluating my life in 2020, my health, career and spiritual well-being has dramatically improved over the past two and half years. And a huge reason for that is because of Liana Shanti's teachings.

I now live in a place that I love, my physical body has never been healthier, my spiritual connection to Jesus and my life purpose has never been stronger, and my company is projected to double in revenue in the six figures by the end of 2023.

How did Liana Shanti's programs help with this? - By teaching me empowerment and Self Love and total Personal Accountability.

As a young woman, I had experienced multiple failed relationships and was frustrated with my life. I was becoming bitter; I would hurt others by being careless and unkind and I was searching for meaning in material and superficial things. I needed help, and Liana Shanti's programs helped me immensely.

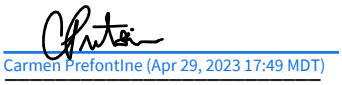
Through Liana's programs, I have learnt how to live a life with 100% personal accountability in all areas of life. I have initiated and empowered myself to make some of the most difficult, but rewarding decisions in my life, in terms of career, business and personal relationships.

I no longer seek validation and approval from others, I am not afraid to take a chance of myself. I am not afraid to hold myself to a higher standard of living. I have more compassion and empathy for humans and animals. I no longer have bitterness or resentment within my heart, and best of all, I feel inner peace and contentment with myself and my life, because I am doing what I know is right for me and my journey.

Liana Shanti's programs helped me uncover my strength, my confidence and my self-worth. It's because of these teachings that I no longer feel like a lost girl, but rather a strong, fierce and compassionate woman.

I will always be forever grateful for Liana Shanti.

Thank you for your time,



Carmen PrefontIne (Apr 29, 2023 17:49 MDT)

Carmen Aileen Prefontaine

Apr 29, 2023

Date

Albion Idaho

Location