This is a story of how former students of Liana, who may even be reading this, turned against her after she discovered they were misrepresenting her, their services and taking advantage of members within the community through extreme levels of manipulation, followed by betrayal.

One of those former students' names was Kaia Alline (aka Delphene).

My personal experience of her spans over a year, communicating with her over email and eventually hiring her as a coach.

When I started working with her, the only exposure I really had to Liana was through her courses, her social posts and the times she would generously reply to my emails coming from wounding, because she knew I was struggling.

Before hiring Kaia, I had seen her name come up a lot, I had seen Liana share her testimonials on instagram, read her website which was entirely built on teaching things Liana had taught her. She positioned the website from a very loving place, praising Liana's work throughout every page, offering everything from nutrition coaching (certified HMI offerings) to "Lifepath Guidance" , named after a program Liana had launched that had a large impact on my life.

In 2022, before really diving into Liana's work much at all, I had an experience where I was physically and sexually assaulted while travelling in Mexico for an ayahuasca retreat. This experience happened right after 15 ayahuasca ceremonies in the jungle. Far too much for a person to consume in a period of a couple of weeks. If you know anything about psychedelic therapies, you know controlled dosing and structured, expertly lead guidance from a trained professional is needed for proper integration and neurological support. Unfortunately I did not receive this. Thus, when the assault happened, I was put into a very psychologically vulnerable position, in need of serious help. I was completely traumatized, suffered extreme PTSD and was completely out of sorts. I was not myself, I was very, very hurt, and I was reaching out for help anywhere I could to get the support I desperately needed at that time.

Unfortunately, there are very few professionals with enough experience and knowledge of both psychedelic integration, PTSD and sexual assault. I met with dozens of professionals trying to find the support I needed and i kept finding my way back to Liana's work, which was the ONLY thing that helped me through that time in my life, and, by the grace of Jesus, actually helped me HEAL from a situation most people DO NOT find their way out of for a very long time.

Now, let's talk about Kaia. Kaia was one of the people I called during that time of searching for professional support. She positioned herself as a trained counsellor, and an "expert/guide" on Liana's work. I had an initial consulting call with her. On which she told me the person I cared for who I had just ended a relationship with was a narcissist because he was an alcoholic, and that she knows this because all alcoholics are narcissists and she sees this with her son. I was immediately put off by this, as it's obviously an extreme view of someone she has no idea about.

On this call, she also implied that she was in direct contact with Liana almost daily, that she

had the ability to “find out” or get “confirmation” on things or questions I had about my life experience through my healing. At this time of my life I was extremely spiritually vulnerable, I was seeking answers as to “why” some of the things that happened in my life happened, and trying to make meaning out of an otherwise horrific situation as a means to cope.

She positioned herself almost as Liana’s right hand, and close confidant, and thus, I trusted her, because Liana's work is so filled with love, how could anyone “close to her”, who she claimed Liana deeply respects and endorses, be unsafe? That is what I told myself when I eventually hired her, I want to say 6-8 months later.

At first, I had one off sessions with her, most of which were conversations, many of which she spent the majority of time talking about, never failing to mention Liana and her connection with Liana and “key” members of the community. (All of which I found out were not true). Many of the members of the community she claimed to be adored by hardly spoke to her. She made a point of calling people she did not approve of as dark, implying they were ***evil*** and to be weary of them. She spent a lot of time praising herself, mentioning how community members loved her and trusted her, how close she was to them and Liana, and then on the same hand in the same conversation, would create division in the community by gossiping, telling (what turned out to be lies) about other people's stories of betrayal.

In addition to this, she often said anyone who is seeking healing, and is not doing Liana’s work, is “dark” and therefore evil. Additionally, if you didn't commit to being a part of every program Liana run, you must not be taking your healing seriously, and should consider any means necessary, including asking anyone you know for financial support to do so, boasting about how she had borrowed money from someone in the community to join Liana’s programs as well. Implying this was okay to do, and almost encouraging this. This did not sit right with me.

We later found out, when she was removed from the community, that many of her clients (also students of Liana’s who also fell victim to the same traps I did), were coercing other students and community members into giving them money. Leta, who was very close to Kaia, often visiting her at her home, taking “care of her” was one of these students. We were in one of Kaia’s nutritional healing groups, and she had reached out. I gave her money that I had a feeling I would not get back, but gave it anyway because I felt I would be “dark or selfish” if I didn’t.

You may be wondering, why spiritual counselling and nutrition, and how does Kaia’s work with this impact others?

Part of Kaia’s ways of teaching body healing and she claims come from Liana, and often implied that if we did not commit 100% to the program (or her guidance) we were somehow sabotaging ourselves. She provided very little guidance when it came to the protocols Liana offered, and also implied we should be able to survive off of only potatoes because that's something she did. Unfortunately, this level of extremeness in these protocols can also lead to malnutrition and also physical harm, much of which I was unaware of until later as well.

Once Kaia was removed from the community, there were literally what felt like HUNDREDS of stories and shares from the community of people who had been manipulated into working

with her, mentally, spiritually and physically harmed (through her methods).

Liana does not normally involve herself in what her students do, she supports them, she shares their work out of love and respect, but she does not condone working with any other students OR condone students work with other students in any capacity. I didn't actually know this until almost a year later when she released her app, **with clear community guidelines against this**, and even at that time, she had no idea the extent of the harm that was being done to her community by others WITHIN her community who took advantage of not only her work, but the trust of every single person within her community.

When she opened the app, it was the first time we had more exposure to the "real" Liana. That was when most of the community started to connect dots that some things "others" were saying or implying about Liana's work were actually not true. In fact she would contradict some of the things Kaia, and others who are no longer in the community, had said directly.

The rose colored glasses we had started to fade because we realized Liana is a real person, who just happens to be freaking amazing and so devoted to helping people heal and find Jesus. Kaia would always reinforce the belief that Liana would "cast out" members who were evil and implied that if we "disobeyed" or didn't do what Liana said we would be evil, basically. Liana in reality, after multiple live calls and frequent reinforcement, reminds us that we have to decide what's right for us and to stay true to our own healing and life paths, without the influence of others. That our only goal should be to heal our traumas and stay close to Jesus for the best life possible. She does this by the way, without "religious" dogma. It's simply what she believes is the best path, and if you believe that too, then you are in the right place. She never forces her teachings on anyone, ever. She also doesn't condone her students forcing OTHERS to her teachings, she believes if it's meant for them and right for them, they will be there on their own. Period.

If you look at the behaviors of Kaia in the case above, you might say SHE was in fact the one who created the cult narrative and "feeling" in the community, considering she made a career out of twisting what Liana said to instill fear and obedience in students, not only obedience to her, but to Liana, who is literally the opposite of authoritarian.

Now hopefully you can see the irony of this in relation to Liana's current defamation case, where that same student is then now claiming she was abused by Liana and was in a cult.

When in fact, since these students have been removed, the community has felt more free, more full of joy and more blessed by Liana's sheer generosity.

She literally spends HOURS of her week on calls with us, sometimes multiple times a day just teaching. Yes we pay to be there, but her value FAR exceeds the price of her programs. She doesn't have to spend as much time as she does, but she does.

While working with Kaia, my life was in shambles, I was riddled with fear of persecution, abandonment and rejection. I became extremely under nourished, my health suffered, I shut down my business, had to file bankruptcy (she also offered to be my accountant lol), the list goes on. While I am not claiming any of this is her fault, as I am responsible for my life, I am

claiming that her work caused extreme amounts of mental, spiritual, physical and financial harm. She misrepresented herself, her experience and positioned herself falsely to myself, and other students for financial gain.

Since she has been removed from the community and since being in Liana's community and app, my life has radically changed. I have a loving partner who loves Jesus, a high paying job making more than I have ever made, and stability that has allowed me to finally heal and integrate the things that had happened to me. I am not perfect, I still have work to do as we all do, but I feel SUPPORTED by Liana and supported by her work. It is thanks to her that my life is filled with faith and love, and that fear, which was what I knew for many years after that incident, is finally starting to lose its grip on my life.

Thank you Liana, I hope this letter serves as its meant to.

Meagan.