Honorable Judge Susan Oki Mollway
Judge of the US District Court of Hawaii
300 Ala Moana Blvd C-388
Honolulu, HI 96850

Your Honor:

My name is Dr. Kaia Alline. I hold a master's degree in Clinical Mental Health Counseling and a doctorate in Counselor Education and Supervision. I have advanced training certificates in trauma, psychodrama, grief and loss, and the court system.

I own two, soon be three businesses, Kaia Alline, LLC and Family Cult Recovery. The third business is a partnership; our business model is divorce coaching, emphasizing domestic violence and protective parenting education. We are educating both the public and members of the court.

I had lived with four autoimmune diseases and two chronic illnesses for over 30 years, from the early 1980s until 2015. One of those diseases, secondary progressive MS, had at one point had me on 30+ medications, using a scooter or wheelchair, and in a constant state of pain and fatigue. I had a near-death experience in 2005, leading to many of the medications being removed as my body rejected them.

Living became a daily gift. I tried everything I could get my hands on, but nothing was working. I am writing this letter today on behalf of Liana Shanti. I found Liana in 2012-13 while searching for a nutrition program. I found her page Rawganic Vegan. The information she was sharing inspired me as it was all researched based. Not just one study but many. I followed and read the research she shared and learned in silence for a year. In 2013, I began asking questions and then detoxing my body.

By 2016 all traces of the illnesses I had lived with were gone. My health changed because of Liana's teachings and what I was learning at HMI Nutrition School. My life shifted from one filled with pain, fatigue, and inflammation to one where I was thriving and learning to live with energy. As Liana added more programs in nutrition and spirituality, I added them to my life.

What I enjoyed the most about her programs was the connection of mind, body, and spirit. Looking at the human as a whole. This was a point I felt was lacking in all of my training. I knew that to heal, one must look at their childhood and unravel all that was repressed or embedded in the beliefs bestowed upon us by our families and other systems we were raised in.

My family was filled with sexual abuse, lies, and secrets. Liana's programs beauty is that she teaches us the importance of science and the lacking areas. She teaches us to use our intuition and trust the body's signs. She recommends books such as The Mind Body Prescription, The Surrender Experiment, Man's Search for Meaning, and others. Hence, we have tools to use along with her teachings.

She teaches the words of Jesus, the power of prayer, and the importance of standing up for yourself and what you believe in, even if you are the only person standing. She shares her gift of dissemination as she has the uncanny ability to read more research than anyone I know and break it down for anyone in her audience with understanding and clarity. She teaches us to be

accountable for what has happened in our lives and to hold others responsible for what has been done to us.

For over a year, I have watched, at times pulled in, to this smear campaign of her teachings and offerings. I want to say that I have had many teachers in my life, and there has never been one who genuinely cares as Liana does. She readily shares enormous amounts of her teachings for free and then has her paid programs. Each individual has the choice of where they are on the spectrum of their educational offerings and what interests them.

Liana's offerings are all done through links to the programs and services. Each of us makes the decision to purchase or not. I feel blessed that through her teachings, my whole life has shifted from being sick and dependent to independent. I have a life I love with great friends and unconditional love. I am confident in all phases of my life, from decision-making to earning a living. Two areas I was dependent on for most of my life. I am now capable of speaking up without fear of being shut down. I would describe myself as confident and empowered. Two traits that every person can cherish.

I've seen much of what has been said about Liana that is derogatory, and I challenge them to look inside. Have they done any of Liana's programs? Do they read what her students say? The vast majority of us have had significant positive changes in our lives. We support her. We love her and are grateful that through her teachings, we are empowered, liberated, running our own businesses, and growing spiritually every day.

Please explain to me how that isn't helping society.

Thank you for your time,

Kaia Alline

Kaia Alline (Apr 29, 2023 17:04 CDT)

Kaia Alline, MA, EdD

Apr 29, 2023

Date

04/29/2023

Location